



**Adult Care Worker
Level 2
Apprenticeship Standard**

Overview



Adult Care Workers are the frontline staff who help adults with care and support needs to achieve their personal goals and live as independently and safely as possible, enabling them to have control and choice in their lives.

Adult Care Workers may work in residential or nursing homes, domiciliary care, day centres, a person's own home or NHS settings such as hospital wards, GP surgeries or community clinics.

Job titles might include: Care Assistant, Care Worker, Clinical Support Worker, Personal Assistant, Key Worker in Residential, Domiciliary or Day Services, Substance Misuse Worker, Learning Disability Support Worker, Mental Health Support Worker and Mental Health Outreach Worker.

Duration:

15 months + 3 months for the End Point Assessment

Entry Guidelines:

English & maths at GCSE grade A*-E/2-9 or Functional Skills level 1

NB All apprenticeship standards require apprentices to provide evidence of their English and maths grades before they can progress through the Gateway to their End Point Assessment and achieve the apprenticeship qualification.



Adult Care Worker Level 2 Course Overview

Pre-programme	→ On Programme Learning covering Skills, Knowledge & Behaviours	→ Gateway	→ Independent End Point Assessment
Initial assessment English & Maths	Care Certificate / Diploma Level 2 Service User Testimony	<ul style="list-style-type: none"> English Level 1 Maths Level 1 	<ul style="list-style-type: none"> Situational Judgement test (multiple choice)
Skills Scan	Portfolio of evidence to be built during the programme	<ul style="list-style-type: none"> E-portfolio of evidence 	<ul style="list-style-type: none"> Professional Discussion
Induction with Trainer Assessor	On programme Assessments & Reviews: <ul style="list-style-type: none"> Online learning assessments 2-3 weekly sessions with Trainer Assessor. 8-10 weekly Progress Reviews with apprentice and employer. 		

Course Details

Unit 1: The Adult Care Worker's Responsibilities

- The tasks and responsibilities of the job role which could include supporting with social activities, monitoring health, assisting with eating, mobility and personal care.
- Relevant statutory standards and codes of practice for their role
- How to contribute towards the development and creation of a care plan underpinned by the individual's preferences in regard to the way they want to be supported
- How to identify, respond to and escalate changes to physical, social, and emotional needs of individuals

Unit 2: The Importance of Having the Right Values and Behaviours

- How to support and enable individuals to achieve their personal aims and goals
- What dignity means in how to work with individuals and others
- The importance of respecting diversity and treating everyone equally

Unit 3: The Importance of Communication

- The barriers to communication
- The impact of non-verbal communication
- The importance of active listening
- How to find out the best way to communicate with the individual they are supporting
- How to make sure confidential information is kept safe

Unit 4: How to Support Individuals to Remain Safe from Harm

- What abuse is and what to do when they have concerns someone is being abused
- The national and local strategies for safeguarding and protection from abuse
- What to do when receiving comments and complaints
- How to recognise unsafe practices in the workplace
- The importance and process of whistleblowing

Course Details

Unit 5: How to Promote Health and Wellbeing for the Individuals they Support and Work Colleagues

- What to do when there is an accident or sudden illness
- What to do with hazardous substances
- How to promote fire safety
- How to reduce the spread of infection
- What a risk assessment is and how it can be used to promote person-centred care safely.

Unit 6: How to Work Professionally, Including Their Own Professional Development

- How to work together with other people and organisations in the interest of the person being supported
- How to be actively involved in their personal development plan
- The importance of excellent core skills in writing, numbers and information technology
- What to do to develop, sustain and exhibit a positive attitude and personal resilience.

Skills & Behaviours



The **Skills & Behaviours** element of the apprenticeship is to be completed with support from a Trainer Assessor making periodic visits to the apprentice in the workplace. The Trainer Assessor will support and guide the apprentice to ensure that they are developing the skills and competency required in accordance with the apprenticeship standard. The apprentice will use the e-portfolio system called OneFile to build a portfolio of work throughout the development stage, which is a key component of End Point Assessment and demonstrates their occupational competency.

English & Maths

English and maths will be naturally embedded within this apprenticeship, a summary of which as follows:

English

- Written assignments
- Reading articles
- Actively listening to others
- Communicating with a variety of individuals from a diverse range of backgrounds.

Maths

- Time management

Gateway



Once the apprentice has completed all the required elements of the apprenticeship and their manager and Trainer / Assessor agree that they are ready for the end point assessment, they will progress through the Gateway to undertake their End Point Assessment.

A completed portfolio of evidence is a compulsory End Point Assessment (EPA) gateway requirement that supports the Professional Discussion component.

End Point Assessment

The End Point Assessment must only start once the employer is satisfied that the apprentice is consistently working at or above the level set out in the occupational standard, that means they have achieved occupational competence.

End Point Assessment (EPA) normally takes 3 months to complete and consists of:

1. **Situational Judgement test** (multiple-choice questions)
2. **Professional discussion** (a structured discussion between independent assessor and apprentice)

The purpose of the professional discussion is to determine the extent to which the apprentice understands the requirements of his/her role as defined by the apprenticeship standard and to explore them through discussion.

The apprentice will achieve a grade of pass or fail for this component of the end-point assessment that will contribute towards the overall apprenticeship grading award.

Grading & Progression

Apprenticeship grading

The available grades for this apprenticeship programme are **Pass or Fail**.

Where can apprentices progress to?

You may choose to progress on to the Lead Adult Care Worker Level 3 or Senior Healthcare Support Worker level 3 apprenticeship standards.



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